

CHESTER COUNTY HEALTH DEPARTMENT

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LEARN THE FACTS, SHARE THE FACTS, STOP THE FEAR

HAVE YOU TRAVELED RECENTLY?

Check the CDC "Information for Travel" page to see if the area you visited is listed http://bit.ly/TravelCOVID-19

If it is an area with widespread sustained (ongoing) transmission (Level 3) call the Health Department at 610-344-6225 and follow the instructions below

Stay Home for 14 Days







INFORM YOUR WORK OR SCHOOL

AVOID CONTACT WITH OTHERS

DON'T TAKE PUBLIC TRANSPORTATION

Monitor Your Health for Symptoms







FEVER

COUGH

SHORTNESS OF BREATH

Wash your Hands!





20 SECONDS

WASH OFTEN USE SOAP

FOR AT LEAST 20 SECONDS

Soap & Water not Available?



use an alcohol based hand sanitizer that contains 60-95% alcohol

Coughing or Sneezing?

Cover your nose or mouth with a tissue or sleeve

Immediately wash your hands with soap and water

When to Seek Medical Advice

During the 14 days if you feel sick with fever, cough, or difficultly breathing

- Call ahead before you go to a doctor's office or emergency room
- Tell them about your recent travel and your symptoms
- Your healthcare provider will assess if you need to be tested for COVID-19

INFORMATION & UPDATES:

SOCIAL MEDIA:

Chesco.org/Health

@ChesterCountyHealthDepartment

